# COURAGEOUS HEARTS

**Serving Minot as the body of Christ.** 



Collaboration of brothers and sisters in Christ.

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## **Emergency:**

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911 – Medical emergency help

1-800-273-8255 – National Suicide Prevention Hotline

1-888-633-3239 – National Drug Hotline

(701) 857-2200 – 24-Hour Domestic Violence Crisis Line.

(701) 857-2500 – Rape Crisis Line

1-800-712-4357 – Dakota Hope Clinic 24-Hour Hotline

(701) 857-8500 – 24-Hour Crisis Line: North Central Human Services

1-800-273-8255 - Veterans Crisis Line

TEXT 838255 - Veterans Crisis Line.

Individuals who suspect a child is being abused or neglected 1-833-958-3500, 8 a.m. – 5 p.m. Central Time (7 a.m. – 4 p.m. Mountain Time) Monday – Friday, to make a report.

If a child is in immediate danger, call 9-1-1
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## **CHURCHES**

"AND I SAY ALSO UNTO THE, THOU ART PETER, AND UPON THIS ROCK I WILL BUILD MY CHURCH; AND THE GATES OF HELL SHALL NOT PREVAIL AGAINST IT" MATT. 16:18

Bethel Free Lutheran Church Our mission is to build followers of Jesus Christ 530 22nd Ave NW Minot, ND 58703 Tel: 701.852.6492 Alt: 701.852.8678 https://www.bflcminot.com/

Living Free

Jail Ministry

Bread of Life Lutheran Church Our mission is to be a community of faith that forms disciples through reflecting Christ's spirit of welcome, his commitment toward the deepening of relationships with God and neighbor, and his servant's heart. 1415 17th Ave. SW Minot, ND 58703 (701) 838-3360 http://www.breadoflifeminot.com/

Men's Winter Refuge At this time, it will be available every night of the week during the winter months to assist displaced men. There is now an executive director who is available at (701) 822-2585. Volunteers are needed each evening to provide staff for the shelter. https://www.menswinterrefuge.com/

Lutheran Campus Ministry's- MSU host's "Soup, Bread, and Conversation" every Tuesday from 11:30-1:30 pm on campus and "Wednesday Night Alive" at 8:30 pm on Wednesdays. Bread of Life is a part of the soup ministry and takes their turn by making soup in the rotation of sponsoring "soup makers". Volunteers are needed to furnish soup, bread, and cookies/bars for serving and to be available during the setup, serving, and clean up time. https://www.minotstateu.edu/wellness/pages/lcm.shtml

Calvary Chapel Minot Our mission is to 'Build the Saints' with a responsibility to WIN a person to Jesus Christ, DISCIPLE a person in Jesus Christ, and SEND a person out for Jesus Christ! Phone: 701-509-4635 Address: 4600 N Broadway, Minot ND, 58703 https://www.calvarychapelminot.org/

KFLK "The Flock" 95.9 FM is a Christian low power FM station, dedicated to the purpose of broadcasting the systematic teaching of the Bible throughout the city of Minot, ND <a href="http://theflockminot.org/">http://theflockminot.org/</a> 4600 N Broadway, Minot ND, 58703 701-509-4635

Church of Christ What you will find here is what we understand the bible to teach. 1315 1st St. NE Minot, ND 58703 (719) 425-6096 <a href="https://www.minotchurchofchrist.com/">https://www.minotchurchofchrist.com/</a>

Monday Night Mental Health 7-8 pm at Church of Christ basement

Cornerstone Presbyterian Church Our mission is to bring hope to our community through an ongoing relationship with Jesus Christ. We make it our priority to feed the hungry, reach the lost, and disciple the church. Free meals are offered to the public on Wednesday nights. 1-701-852-0315 1000 3rd St NE Minot, ND 58703 <a href="https://www.cornerstoneminot.com/">https://www.cornerstoneminot.com/</a>

First Lutheran Church Our mission is to Gather in faith, grow through grace and share the good news of Jesus Christ. 120 5th Ave. N.W. Minot, ND 58703. https://flcminot.com/

Grace Lutheran Church We believe we have something vital to offer our community. We are a church that refuses to settle for "it's open to interpretation." God does not want ambiguity with His Word. It is there for real answers, real comfort, and real hope. That is why with us, you will always hear a practical, Bible-based, Christ-centered message that accurately and concisely shares what God says. It is also why we invite you to check us out just once, whether you are looking for a church or burned-out on church. You might just find this is what you need. 524 21st Ave. NW (701) 500-2165 http://www.graceminot.com/

**Mornings With Mommy** - This program is a fun and effortless way for you to enjoy activities with your kids and meet other parents. There will be age-appropriate activities for infants, toddlers, and preschoolers. Meets on **1st & 3rd** Saturday Mornings at 10am and lasts for an hour. 524 21st Ave. NW Minot ND 58703 <a href="http://www.graceminot.com/m-m">http://www.graceminot.com/m-m</a>

**Luther's Kitchen** serves a free lunch every Friday, from 11:30 am – 12:30 pm, in the Parish Center at First Lutheran Church. <a href="http://www.thewelcometableminot.org/soup-kitchens.html">http://www.thewelcometableminot.org/soup-kitchens.html</a>

**Give Some** is responsible for identifying needs in our community, nation and world and encouraging our congregation to address these needs in Jesus' name. <u>This campaign has been suspended due to Covid-19 restrictions.</u>

The Lutheran Campus Ministry of Minot is highly active under the leadership of Deacon Anna Dykeman. They are best known for offering "Tuesday Soup" in cooperation with local congregations. Each Tuesday from 11:30-1:30, a free soup lunch is served in the atrium of the MSU Administration Building. Students, faculty, and staff are all invited to enjoy a warm cup of soup and conversation. https://www.lcmminot.com/

**Minot State Food Pantry** - Collaborating with Minot State University and MSU's Wellness Center, LCM supplies free food for any member of the Minot State University community who may be experiencing hunger and struggling to buy food. Office located on the 2nd floor in the Wellness Center #2014 call/text 701-690-4034 <a href="https://www.lcmminot.com/">https://www.lcmminot.com/</a>

Journey Church A/G We exist to help every person take one step closer to God. Each of us has a story. Each of us has lived a unique life with a wide variety of experiences, joys, heartaches, successes, failures, challenges, plans, hopes, and dreams; all of these are important aspects of our journey here on earth. We love our city! Whether it is through our annual City Serve day, small group service projects or age-specific outreach's, we love doing what we can to make our community better. Standing side by side with other believers, serving the community simply because we love them, can give you purpose and great joy! 1805 2nd St SE Minot, ND 58701 Phone: (701) 838-1111 <a href="https://journeychurch.cc/">https://journeychurch.cc/</a>

**Christmas Mall** in December the lead pastor for the church says the event is an opportunity to give families a merry Christmas.

**Night to Shine** in February Night to Shine is an unforgettable prom night experience, centered on God's love, for people with special needs ages 14 and older. This coming year, on **Friday**, **February 11, 2022**,

**City Serve** in the Spring

CompaCare Foster Care Ministry - Ongoing

**MINOT ADVENTIST CHURCH** Seventh-day Adventist Church is a mainstream Protestant church with approximately 19 million members worldwide, including more than one million members in North America. The Seventh-day Adventist Church seeks to enhance quality of life for people everywhere and to let people know that Jesus is coming again soon.

10 17TH AVE SW MINOT, ND 58701-6359 701-839-6478

A *Free Soup Kitchen* meal is provided Sundays at 11:30 - 12:30 and is open to the public. Volunteers can apply for positions as servers, food preparation, and dishwashing. Email minotsdachurch@gmail.com to apply. 701-839-6478 <a href="https://minotnd.adventistchurch.org/">https://minotnd.adventistchurch.org/</a>

*Minot Bible School* For more information or to enroll follow the link provided above, contact us on minotbibleschool@gmail.com, or write to us at PO Box 1346, Minot, ND 58702

*True Light Broadcasting* operates KSAF-LP FM 104.1 presenting Life Talk Radio programs 24 hours a day, seven days a week. <a href="https://lifetalk.net/">https://lifetalk.net/</a>

Community Resource List: <a href="https://www.assistedliving.org/north-dakota/">https://www.assistedliving.org/north-dakota/</a>

**Northland Harvest Church** To assist each person to discover their earthly destiny and help them reach their full potential in Jesus Christ. We believe everybody has a Kingdom Destiny in their "Mountain of Influence" whether that be Education, Government, Media, etc. Our vision is to

transform every mountain of society through the love and ministry of Jesus Christ. P.O. Box 4125 Minot ND, 58702 call 701-838-3048 https://www.northlandharvest.com/

<u>Association of the Healing Rooms</u> based out of Spokane, WA. The Healing Rooms of the Minot Area is open to all who need a touch from God and compassionate prayer for healing of: Physical, emotional, and spiritual needs, Injuries or infirmities, Incurable diseases Chronic diseases. 140 Souris Drive Minot ND 58701 701-838- 3048 https://healingrooms.com/

**SOZO Ministry** A SOZO session is a time for the SOZO team to sit down with you and with the help of the Holy Spirit walk you through the process of freedom and wholeness. SOZO is not a counseling session but a time of interacting with Father, Son and Holy Spirit for wholeness and pursuing of your destiny 140 Souris Drive Minot ND 58701 701-838- 3048 https://healingrooms.com/

Open Gate Church Open Gate Church's vision is to see each child of God equipped, supported, and enabled to walk out his or her God appointed destiny. We are convinced that God is raising up powerful ministries in these last days and that he is reestablishing the foundational gifting of Apostle and Prophet. We relate to the ICLC Apostolic Network as our heartbeat is in alignment with theirs, to see a worldwide penetration of the Gospel. We hope that you are blessed, strengthened, and encouraged by this website as we desire to put Godly teaching and principles into the hands of every believer. <a href="https://www.opengate.church/">https://www.opengate.church/</a>

#### **Our Saviors**

**River of Life Church** is committed to meeting the spiritual and practical needs of Minot and the surrounding area by providing a spiritual hospital to those who are hurting through the life changing power of the gospel. 701-858-7777 400 22nd Ave NW Minot, ND 58703 <a href="https://theriverlife.com/">https://theriverlife.com/</a>

**Wheels of Faith** Chapter 53 is in River of Life Church. They enjoy periodic group rides, weather permitting, as well as monthly club meetings. <a href="http://wheelsoffaithmm.org">http://wheelsoffaithmm.org</a>

Little River Childcare 701-858-0546 400 22nd Avenue NW Minot, ND 58703 https://theriverlife.com/daycare.aspx

**South Side Church of the Nazarene** our desire is to bring individuals to a trust in Christ Jesus by guiding them through the Word and encouraging them to join the body of believers in fellowship, worship, and prayer. 2220 24th Ave SE Minot ND 58701 (701) 852-0684 and (651) 900-3971 http://www.southsidenazareneminot.com/

St. Leo's Catholic Church 218 1st St SE Minot ND (701) 838-1026 https://stleosminot.org/

**The Saint Leo's Soup Kitchen** Open on Thursday evenings from 5:30-6:30 and is currently looking for volunteers to assist with food preparation and serving. If you have questions about the soup kitchen, please call the parish office (701) 838-1026. <a href="https://stleosminot.org/st-leos-soup-kitchen">https://stleosminot.org/st-leos-soup-kitchen</a>

**Bishop Ryan Catholic School** 316 11<sup>th</sup> Ave NW Minot, ND 58703 Phone:(701) 838-3355 https://bishopryan.com/

Our Lady of Grace Catholic Church <a href="https://www.olgminot.org/">https://www.olgminot.org/</a>

Runs an outstanding food pantry <a href="https://www.olgminot.org/food-pantry">https://www.olgminot.org/food-pantry</a>

**St. Vincent DePaul** Food, rent, utilities and other basic needs, Transportation including bus vouchers, Emergency Food Pantry, Assistance is offered on a case-by-case basis after a confidential Home Visit with two or more Vincentians. And provides referrals for Community Resources such as: Food pantries and meal programs.

Housing opportunities, Employment opportunities, Community Services such as Energy assistance, Abuse services, Counseling and parenting, Health resources including medical and pregnancy. For more information or to request assistance, please call us at (701) 833-1269 Due to limited availability of members we currently are answering calls only on Mondays, Wednesdays, and Thursdays. We encourage you to review <a href="http://svdpminot.org/">http://svdpminot.org/</a> to see if there is another program that can assist you in a timelier way. Thank you for understanding.

**St. Joseph's Community Health Foundation** The mission of St. Joseph's Community Health Foundation is to promote and support projects and services that contribute to the health and vitality of residents in North central North Dakota. The counties included are Bottineau, Burke, McHenry, McLean, Mountrail, Pierce, Renville, Rolette, Sheridan, Ward and Wells. 308 2<sup>nd</sup> Ave NW Minot ND 58701 Telephone 701-837-1726 <a href="https://sjchfnd.com/">https://sjchfnd.com/</a>

The Salvation Army Local programs and services include Food pantry, Rent and utility assistance, Transportation assistance, Prescription assistance, Clothing vouchers, Back-to-school backpacks filled with school supplies, Winter coats for children (Coats for Kids) Thanksgiving food available seasonally in the food shelf, Christmas food baskets and toys, Men's and women's ministries, Youth ministries, Call 701-838-8925 to learn more or request help. <a href="https://centralusa.salvationarmy.org/northern/minot/">https://centralusa.salvationarmy.org/northern/minot/</a>

Trinity Evangelical Free Church at Trinity Church we desire all that we are and all that we do be shaped by the gospel of our Lord Jesus Christ, living in this world for God's Kingdom and Glory as we follow Christ Jesus as Lord. Join us for Sunday School at 9:00 am and for worship at 10:30 am every Sunday at, 3500 4th St. SW. Minot ND 58702 <a href="https://trinitychurchminot.org/">https://trinitychurchminot.org/</a>

West Minot Church of God 1105 16th St. NW. Minot, ND. 58703 https://www.westminot.com/

DivorceCare Next session starting in Spring (13 weeks on Monday evenings) 7pm-8:30pm West Minot Church of God 1105 16th Street Northwest (701) 839-1407 Facilitator: Candy Dusek For more information call (701) 839-1407 https://www.divorcecare.org/groups/144498

**AWANA** AWANA is an approach to learning God's word through memorization, games, contests, rewards, and special events through the club year. AWANA stands for Approved Workers Are Not Ashamed. (2 Timothy 2:15) Season starts **September 8th, 2021.** Supper 5:30 (starting in the fall) AWANA 6:30 -7:45. For more information, please call 839-1407 or stop by the church office. You can call the office to sign up, fill out a signup paper at church or use this Google form: goo.gl/CY9m9M

<a href="https://www.westminot.com/online-activities">https://www.westminot.com/online-activities</a>

## **Community Soup Kitchens:**

	ADDRESS	TIME:
Faith United Methodist (701) 838-1540	5900 Hwy 83	Mon. 11:30 am -12:30 pm
Christ Lutheran Church (701) 838-0746	502 17th St. NW	Tues 11:00am –12:30pm
Immanuel Baptist (701) 839-3694	1615 2nd St. SE	Wed 11:30 –12:30pm
Cornerstone Presbyterian (701) 852-0315	1000 3rd St. NE	Wed 5:00pm –6:30pm

	ADDRESS	TIME:
St. Leo's Catholic Church	218 1st St. SE	Thur. 5:00 pm –
All Saints Episcopal Church (701) 839-1037		301 Main St 11:30am- 12:30 PM
First Lutheran Church (701) 852-4853	120 5th Ave NW	Fri. 11:30a - 12:30pm
Congregational United Church (701) 839-1064	430 N. Broadway	Sat. 9:30 am – 10:30 am
Seventh Day Adventist (701) 839-6478	10 17th Ave SW	Sun. 11:00 am – 12:30pm
Faith United Methodist (701) 838-1540	5900 Hwy 83	Mon. 11:30 am -12:30 pm

#### **Food Pantries:**

**St Vincent's DePaul** the Society of St. Vincent de Paul maintains a small emergency food pantry, which the parish supports through donations of food and other necessary items. Please look for the baskets in the front entryway of the church.

As you place your donations, please say a special prayer for the poor who have no one to pray for them. <a href="https://stleosminot.org/the-society-of-st-vincent-de-paul">https://stleosminot.org/the-society-of-st-vincent-de-paul</a>

**The Lords Cupboard** Our food pantry is available to anyone who is in need. Solely operated by 100% donations from the Minot community and various local and national grants. M, W & F 11:00 am – 2:00 pm 1725 W Burdick Expressway Minot, ND 58701 Phone: (701) 839-1990

Our Lady of Grace If you need food assistance, the Our Lady of Grace Food Pantry is open most Mondays, Tuesdays, Thursdays, and Fridays from 1:00 to 4:00 p.m. It is closed on Wednesdays. Please watch for holiday closures, as well. To visit our food pantry, please enter through Door #1 from our south parking lot, and please bring your ID. If it is your first time visiting us, you will be asked to register. After that, you may visit the food pantry once per month. Please follow whatever instructions the pantry volunteers provide. For further information, please contact our pantry during their open hours at 701-839-5520 Address: 707 16<sup>th</sup> Ave SW Minot ND 58701, PH: 701-839-6834 To donate to the food pantry, please contact our parish office at 701-839-6834. Thank you. https://www.olgminot.org/food-pantry

The Salvation Army Local programs and services include: Food pantry, Rent and utility assistance, Transportation assistance, Prescription assistance, Clothing vouchers, Back-to-school backpacks filled with school supplies, Winter coats for children (Coats for Kids)Thanksgiving food available seasonally in the food shelf, Christmas food baskets and toys, Men's and women's ministries, Youth ministries, Call 701-838-8925 to learn more or request help. <a href="https://centralusa.salvationarmy.org/northern/minot/">https://centralusa.salvationarmy.org/northern/minot/</a>

Ward County Social Services - Provides services that help vulnerable North Dakotans of all ages to maintain or enhance their quality of life, which may be threatened by lack of financial resources, emotional crises, disabling conditions, or an inability to protect themselves. 225 3rd St SE, Minot, ND 58701 PH: (701) 852-3552 <a href="https://www.nd.gov/dhs/">https://www.nd.gov/dhs/</a>

**Minot Area Community Action Partnership** Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other <a href="https://www.capnd.org/">https://www.capnd.org/</a>

*Minot Area Homeless Coalition* the Minot Area Homeless Coalition, Inc. is a group of individuals who have come together to advocate, coordinate, and optimize services for homeless persons in the greater Minot area (Bottineau, Burke, McHenry, Mountrail Pierce, Renville, and Ward Counties). 105 1st St. SE, Minot, ND 58701 Phone: 701-852-6300

**24/7 project** Participation in the 24/7 Sobriety Program may be ordered through the court as a condition of bond, pre-trial release, or as a condition of sentence or probation for any violation where drugs or alcohol may be involved, cases involving domestic abuse, or abuse/neglect of a child. <a href="https://attorneygeneral.nd.gov/public-safety/247-sobriety-program">https://attorneygeneral.nd.gov/public-safety/247-sobriety-program</a> Has a small pantry for participants.

**Great Plains Food Bank** <a href="https://www.greatplainsfoodbank.org/get-help/pantries-and-soup-kitchens/">https://www.greatplainsfoodbank.org/get-help/pantries-and-soup-kitchens/</a>

**Emergency Meals-to-You** provides shelf-stable, easily prepared, kid-friendly meals to students in rural school districts during unexpected school closures lasting four weeks or longer. <a href="https://mealstoyou.o">https://mealstoyou.o</a>

## **Housing:**

Minot Housing Authority Minot Housing Authority will administer housing programs to provide housing opportunities for those who, through no lack of effort (such as the elderly and persons with disabilities), cannot afford safe housing themselves. 108 Burdick Expressway East Minot ND 58701 Phone: 701-852-0485 <a href="http://www.minothousing.com/">http://www.minothousing.com/</a>

USDA <a href="https://www.rd.usda.gov/page/sfh-guaranteed-lender">https://www.rd.usda.gov/page/sfh-guaranteed-lender</a>

**HUD** HUD provides housing support and uplifts communities. Let us guide your next steps to the right place. 657 Second Avenue North Room 366 Fargo, ND 58108-2483, JOEL MANSKE Field Office Director, (701) 239-5136 <a href="https://www.hud.gov/">https://www.hud.gov/</a>

**Habitat for Humanity** Minot Area Habitat for Humanity is a locally run affiliate of Habitat for Humanity International, a nonprofit, ecumenical Christian housing organization. Habitat for Humanity works in partnership with people in need to build and renovate decent, affordable housing. The houses then are sold to those in need at no profit and with no interest charged. 618 3rd St NE, Minot, ND 58703 Tel: 701-852-9799

https://www.habitat.org/cd/kit/homepage.aspx?page=minotND

**Youth in Transition** program is dedicated to identifying and working with children and youth experiencing transition in the form of homelessness. Our mission is to advocate for equity and equality, remove barriers that may hinder student success, and offer support to meet student needs. Polly Sivertson, Coordinator (701) 720-4789 Office Location Minot Adult Learning Center 1609 4th Ave NW Minot, ND

https://www.minot.k12.nd.us/en-US/social-services-students-in-transition-e50b9487/about-the-program-d8790df5

#### **Transportation:**

*Wildrose Public Transportation* The first and third Monday we travel to Minot from Grenora, Zahl, Alamo, Wildrose, Ray, Tioga, Stanley, Ross, Berthold, Burlington.

https://gis.dot.nd.gov/external/ge html/index.html?viewer=ext transit providers&fbclid=I
wAR1olK5itQq ohobosTdfMJk3I3LyEJR7sRqAovdTYZtU0pzLPVzCjK74jw

**Souris Basin Transit** provides public transportation for all people in and around Minot, ND as well as in the Counties of Burke, Bottineau, McHenry, Mountrail, Pierce, Renville, and Ward. Local services are also offered in the cities of Bottineau, Minot, and Rugby. Monday-Friday 7:30 a.m. - 5:00 p.m. Main Dispatch (701) 839-7433 Toll Free: (800) 927-8318 The main dispatch telephone is TDD equipped for the hearing impaired. 805 31st Street SE Minot, ND 58703 <a href="https://www.sourisbasintransit.com/">https://www.sourisbasintransit.com/</a>

## **Parenting:**

Behold, children are a heritage from the LORD, the fruit of the womb a reward. Like arrows in the hand of a warrior are the children of one's youth. Blessed is the man who fills his quiver with them! He shall not be put shame when he speaks with his enemies in the gate. (Psalm 127:3-5).

YWCA Diaper Pantry (disposable and cloth): www.ywcaminot.org/get-help.html

*First district health family planning* (701) 852-1376 801 11th Avenue Southwest Minot North Dakota 58702

**Domestic Violence Crisis Center** office (701) 852-2258, 24-hour crisis line (701) 857-2200 rape crisis line (701) 857-2500

Rachel's Vineyard 1-877- hope -4 -me

**Optimal Pregnancy Outcome Program** First District Health (701) 852-1376 ext. 129 801 11th Avenue Southwest Minot North Dakota 58701

**Snap - supplemental nutrition assistance program** North department North Dakota Department of Human Services to view <a href="www.ND.gov/dhs/serviceportal/financialhelp">www.ND.gov/dhs/serviceportal/financialhelp</a> and <a href="www.nd.gov/info/PUBS/application.HTML">www.nd.gov/info/PUBS/application.HTML</a>

**Pregnancy parenting and adopting Catholic Charities** (701) 235-4457 216 South Broadway suite 103 58701 (701) 852-2854 https://www.catholiccharitiesnd.org/

**Dakota Hope Clinic** (701) 852-4673 hope text 978-705-3421 315 South Main Street sweet 205 Minot Dakota 58701 office hours Tuesday 10:00 a.m. to 7pm, Wednesday and Thursday 8:30 am to 4:30 PM

**Project Bee Career closet and basic needs pantry** and **fresh start shower program** 400 East Central Avenue sweet 302 might not North Dakota 58701 phone number (701) 838-1812 **www.projectbeend.org** 

North Dakota Department of Health (WIC) women infant and children www.ndhealth.gov/wic

**Experienced parent program** from Pathfinder Services of North Dakota <a href="http://psnd.co/eppconnect">http://psnd.co/eppconnect</a> town and country center 10:15 South Broadway suite 42 might not work Dakota 58701 (701) 837-7500

**Dakota Boys and Girls Ranch**- Dakota Boys and Girls Ranch is a Christ-centered residential treatment and educational center for children and their families. The Ranch gives children a safe place to live, learn, and heal. We provide exceptional and innovative trauma-informed care to kids and their families through Residential Treatment Facilities, Outpatient Psychiatric and Psychological services, and Spiritual Life activities. In addition, Dakota Memorial School provides personalized education for kids who have psychiatric, behavioral, and trauma issues. 6301 19<sup>th</sup> Ave N.W. Minot ND 58702-5007 1-800-593- 3098 https://www.dakotaranch.org/residential-psychiatric-care/

The Village Family Services Center The mission of The Village Family Service Center is to strengthen individuals we serve through regional community behavioral health services. These include counseling for depression, anxiety and other mental health concerns, family therapy, addiction treatment, mentoring, debt management, adoption, and pregnancy options counseling. (701) 838- 7800 <a href="https://www.thevillagefamily.org/">https://www.thevillagefamily.org/</a> and <a href="www.lssnd.org">www.lssnd.org</a> (701) 852-3328

**North Dakota Health Tracks** (701) 852-3552 all Medicaid eligible children and teams encouraged to participate annually

**Head Start** Head Start and Early Head Start are comprehensive child development programs that serve eligible children birth to age 5 and pregnant women. The program is child focused and strives to increase school readiness and social competence in our young children and families. Our program provides a range of services in areas of education and early childhood development; medical, dental, and mental health; parent involvement; and family support services. Minot Head Start 2815 Burdick Expy E Minot, ND 1-800-479-3923 or (701) 857-4669, (701) 857-4688

**Community Options Crossroads Program** Help with childcare costs and gas money to get to school while you earn your diploma or GED 300 3rd Ave SW, Minot, ND 58701 1-800-823-2417

**North Dakota nurturing parent programs** 1 855 n u r t 1ND, (701) 845-6652 www.ndnurturing.org

#### **PATH**

*IF YOU BELIEVE CPS HAS MISHANDLED AN INVESTIGATION ...* NORTH DAKOTA Administrator, Child Protective Services, Department of Human Services 600 East Boulevard Bismarck, ND 58505 (701)328-4806, (701)328-3538 - FAX

### **Hygiene & Clothing:**

"Whoever is generous to the poor lends to the lord, and he will repay him for his deed." Proverbs 19:17

*Magic City Blessing Bank* (701) 721-8290 text message service value united way 1941 Fourth Street Southwest

Restore (bag sell)

**Minot Mathew 25 Project** seeks to match gifts of clothing and small household items with those in need in our community at no cost. (701) 720-8693 <a href="mailto:m25minot@gmail.com">m25minot@gmail.com</a>

**Blessed Pets** Christian based nonprofit organization in Minot ND, Pets are part of our family, and no pet should ever go hungry. 510 20th Ave NW Minot ND 58703 <a href="http://blessedpetsfoodpantry.com/">http://blessedpetsfoodpantry.com/</a> (701) 818-0545

First District Health Unit The mission of public health is to make a positive impact on the health and welfare of the community through service, education, prevention, and collaborative activities. 801 11 Ave. SW • PO Box 1268 • Minot, ND 58702 Phone: (701) 852-1376 Fax: (701) 852-5043 https://www.dakotaranch.org/residential-psychiatric-care/

**Woman's Way** Women's Way may provide a way to pay for breast and cervical cancer screenings for eligible North Dakota women. Women's Way may also provide patient navigation services to help women overcome barriers and get timely access to quality care. Limited diagnostic procedures are also available to women enrolled in Women's Way. 600 East Boulevard Ave Bismarck, ND 58505-0200 Phone: 701-328-2372 TY users may use relay North Dakota at 711 or 1-800-366-6888 https://www.health.nd.gov/womens-way/about

#### **Recovery & Treatment:**

Romans 13:1-2 says: "Obey the government, for God is the One who has put it there. ... There is no government anywhere that God has not placed in power. So those who refuse to obey the law of the land are refusing to obey God, and punishment will follow."

First District Health Unit: This booklet was created to be a resource guide for those seeking recovery, struggling with recovery, or seeking help for themselves or family members. We are not "endorsing" any treatment centers/therapist specifically, these are simply resources that are available. Booklets will be updated quarterly. If you notice information that needs to be changed or added, please call (701) 720-5909 <a href="https://www.fdhu.org/cgi-bin/programs.pl?display&pid=291&program\_ty=CYNR">https://www.fdhu.org/cgi-bin/programs.pl?display&pid=291&program\_ty=CYNR</a>

**A.D.A.P.T** focuses on the practice and acquisition of skills so that everyone can bring about positive change in their lifestyle. Drug /Alcohol Addiction Services, Criminal Justice Services – in lieu of jail time, allowing clients to be at home and eligible for work release programs through the electronic monitoring programs, Mental Health Services, Alcohol/Drug Testing Services with Certified Lab Results Minot ADAPT Office with outreach services to Stanley 1809 S. Broadway # P1 Minot, ND 58701 Office: 701-858-9026 Office Hours: 7:00am - 9:00pm CDT \*Schedule by Appointment only\* <a href="http://adaptincnd.com/">http://adaptincnd.com/</a>

**Bob Hayse Addiction Services PLLC** Programs are provided on an individualized basis to ensure clients achieve full recovery in the long term. Specializing in Cognitive/behavior Therapy, Dialectical Behavior Therapy, Brief intervention approach, and others - as well as many other treatment modalities such as Aftercare/continuing care, Breath analyzer or blood alcohol testing, Comprehensive substance abuse assessment, Outpatient Programs, Intensive Outpatient Treatment for verifiable addictions to alcohol and drugs. The drug and alcohol rehab facility uses treatment methods that can provide lasting and permanent stability to any person with drug and alcohol addiction. 7 3rd Street SE Minot, ND. 58701 (701) 838-1422 1809 South Broadway, Suite G Minot ND

https://www.drug-rehabs.org/rehab-center/Bob-Hayes-Addiction-Services-PLLC Minot ND.htm

**Community Options Inc.** Community Options exists to help people live individually and be active in their community. Our Behavioral Health Services will work with you to overcome barriers and help you take steps to achieve your goals. We provide a variety of person-centered services including Case Management, Service Coordination, Employment, Education, Housing, Peer Supports and more. <a href="https://www.communityoptionsnd.com/">https://www.communityoptionsnd.com/</a>

**Community Connect** designed to assist individuals living with mental health or substance use disorder by their own recovery apply at <a href="https://www.behavioralhealth.nd.gov/community-connect">https://www.behavioralhealth.nd.gov/community-connect</a>

**Community Medical Services** Our mission is to help those who are suffering from substance use disorders. We consider these people our patients, and our singular aim is to help them heal. We are proud that our clinics provide our patients with an environment that is free of judgment and condescension, and we are steadfast in treating everyone with the utmost dignity and

respect. 300 30th Avenue northwest Minot 58703 (701) 858-1801 https://communitymedicalservices.org/

Cornerstone Addiction Services Alcohol/drug evaluations and treatment, SAP Evaluations, DUI/MIP classes, 1705 4th Avenue NW Minot, ND 58703 (701)839-0474, 1-800-253-1863 https://www.eatonandassoc.com/cornerstone-services

**Dakota Boys and Girls Ranch**- Dakota Boys and Girls Ranch is a Christ-centered residential treatment and educational center for children and their families. We provide exceptional and innovative trauma-informed care to kids and their families through Residential Treatment Facilities, Outpatient Psychiatric and Psychological services, and Spiritual Life activities. In addition, Dakota Memorial School provides personalized education for kids who have psychiatric, behavioral, and trauma issues. 6301 19<sup>th</sup> Ave N.W. Minot ND 58702-5007 1-800-593-3098 https://www.dakotaranch.org/residential-psychiatric-care/

**Dakota Family Services** trusted mental health care professionals in Minot, ND. Whether you need support coping with mental illness, finding the right medication, or managing your medication, our team of psychiatrists and nurse practitioners is here to support and guide you. 6301 19th Ave NW Minot ND 58703 (701) 837-6508 <a href="https://dakotafamilyservices.org/">https://dakotafamilyservices.org/</a>

**Heartview Foundation** SUD Treatment - residential and outpatient services 101 East Broadway Avenue Bismarck North Dakota 58501 (701) 222-0386, (701) 968-4056 Adress: 7448 68th Avenue Northeast Cando North Dakota 58324 https://heartview.org/

**Soul Solutions Recovery Center** - We offer substance use disorder treatment to help people get sober, and recovery services to help people learn to live sober. Our focus is assisting individuals in the transition from short-term treatment to long-term recovery. (701) 56-7772 Address: 1801 38th St S Fargo, ND 58103 https://soulsolutions.org/

**ShareHouse**: Dual diagnosis treatment programs in the upper Midwest. Currently we offer chemical dependency assessments, outpatient chemical dependency, mental health, and residential services. ShareHouse Grand Forks, will provide sixteen single occupancy rooms for those who suffer from the disease of addiction. In addition, the facility will provide onsite chemical use assessments, co-occurring clinical services, medication assisted therapy, and telehealth services. <a href="https://sharehouse.org/">https://sharehouse.org/</a>

**A.I.R. Recovery and Rehab** 48 1st street northwest Minot North Dakota 58703 (701) 839-4273

**Embrace ND:** free through recovery provider community connect provider and support meetings <a href="mailto:embraceNorthDakota@Gmail.com">embraceNorthDakota@Gmail.com</a> Heather Leier (701) 720-5909

**Eaton And Associates** Our services are designed to help you solve your problems and grow in your life. Together, we can help make a difference! Speaker services are available for your groups, meetings, churches, schools and more. We will speak on topics of your choice.

Suicide prevention training is also available using the nationally recognized QPR program. <a href="https://www.eatonandassoc.com/">https://www.eatonandassoc.com/</a>

**FAA Addiction Services** at Faa Addiction Services provide adult Outpatient Alcohol/Drug Treatment Services in the form of group and individual counseling. We also provide adolescent alcohol/drug evaluations and Outpatient Alcohol/Drug Treatment Services in the form of group and individual counseling. 900 N Broadway Minot, ND 58703 (701)537-4191 <a href="https://faaaddictionservices.com/">https://faaaddictionservices.com/</a>

Goodman Addiction Services We offer weekly group and individual sessions. Evaluations are conducted Monday through Saturday both daytime and evening, by appointment. Online evaluations and group/individual sessions are available via a telehealth service or in person. We offer a sliding fee scale based on income. If criteria is met, services can be offered free of any charge to the client. We consult with providers specialize in EMDR Trauma Therapy/Marital Therapy/Play Therapy/Medication Monitoring/Prescription. We work in conjunction with these providers or refer you to them once our services are complete. 1809 S. Broadway Suite S. Minot, ND 58701 (701)852-3869 https://www.goodmanaddictionservices.com/

**Summit Prairie** recovery center serving adults with addiction and mental health issues (701) 597-3409 7785 Saint Avenue Raleigh ND 58564 <a href="https://www.summitPRC.com">www.summitPRC.com</a>

**Northland Health Centers** medication assisted treatment 1600 2<sup>nd</sup> Avenue Southwest suite 19 Minot North Dakota 58701 701-852-4600; hours Monday 8 to 6:30 Tuesday through Friday 8 to 5 and Friday 8 to 3:30 community care coordinator 701-852-4602 <a href="www.Northlandchc.Org">www.Northlandchc.Org</a>

North Central Human Services serves a seven-county catchment area that includes Bottineau, Burke, McHenry, Mountrail, Pierce, Renville, and Ward counties. The Fort Berthold Indian Reservation makes up a substantial portion of the southwest segment of this catchment area. Call 211 for immediate help 24 hours a day, 7 days a week including weekends and holidays. Walk-in Behavioral Health Assessments - Monday - Friday: 8 a.m. to 5 p.m. 1015 S Broadway # 18, Minot, ND 58701 (701) 857-8500

https://www.nd.gov/dhs/locations/regionalhsc/northcentral/index.html

**Rocky Mountain Treatment Center (**406) 727-8832 920 4th Avenue North Great Falls Montana 59401 **https://rehabrocky.com/** 

The Sanctuary (701) 500-2216 www.Sobersanctuary.org

**The Door** Noon NA/AA/Talking Circle meeting remains, Womans Talking Circle, Veteran's night, equine Therapy- Healing Horse Ranch, cultural speaker night, youth night and sobriety dinner have been cancelled until further notice. Main Street New Town, ND 58763 (701) 627-4358 <a href="https://www.mhanation.com/the-door">https://www.mhanation.com/the-door</a>

Marco- Minot Area Recovery Community (701) 509-3796

**N.D Response website** includes connecting people with mental health resources and drought assistance <a href="https://ndresponse.gov/farm-ranch-assistance">https://ndresponse.gov/farm-ranch-assistance</a>

**Rural Psychiatry** Our experienced, understanding providers offer a personalized approach to treating your mental health concerns. Find the treatment you or your loved one are seeking for depression, anxiety, trauma, & more. Telehealth Provided. <a href="https://ruralpsychiatryassociates.com/">https://ruralpsychiatryassociates.com/</a>

**SUD Voucher** - The **SUD** Voucher Program provides support to individuals in need of substance use disorder treatment and recovery services. The following services are ... <a href="https://www.behavioralhealth.nd.gov/sudvoucher/apply">https://www.behavioralhealth.nd.gov/sudvoucher/apply</a>

*Trinity Adiction Services' (St. Joes)* 407 3rd St SE, Minot, ND 58701 (701) 857-2480 call to schedule an intake

**ND Adult Teen Challenge -Know the Truth-** Substance Abuse prevention Program Minnesota Adult and Teen Challenge, call 612-373-3366.

5<sup>th</sup> Generation Healing Center (5th GHC) is a tribally run Alcohol and Other Drug service program serving the Turtle Mountain Chippewa Indian Reservation with a continuum of care in the prevention, intervention, and treatment of the disease of alcoholism and other drug abuse for individuals, families, and communities. We are trained to provide culturally appropriate services to members providing education, support, hope, and healing. Evaluations, Outpatient and After Care, Nightly AA/NA meetings open to everyone. 701-477-3121 Belcourt ND 1105 Sheldon Souray Ave Belcourt, ND 58316 Fayes Albert Building PH: (701) 477-3121 <a href="https://www.tmbcimasterhealth.com/fifth-generation-healing-center/">https://www.tmbcimasterhealth.com/fifth-generation-healing-center/</a>

Adult Teen Challenge North Dakota Adult & Teen Challenge is a faith-based residential recovery program for people battling with drug and alcohol problems. Adults, ages 18 and over, from every ethnic, socio-economic, and religious background are welcomed with open arms as they embark on their new life. 1406 2nd St NW Mandan, ND 58554 (701)667-2131 <a href="https://www.tc4hope.org/">https://www.tc4hope.org/</a>

For more information on CARF opioid treatment program accreditation, please email <a href="mailto:otp@carf.org">otp@carf.org</a>, or call toll-free at (888) 281-6531

**Never Use Alone** To provide a life-saving point of contact for people who use drugs, to help increase their odds of surviving an overdose/fentanyl poisoning. We will never shame, judge, or preach about stopping. If you are interested in getting help, we have resources available for you, but we will never push them on you. It is not up to us to decide when, or even IF you quit, we just want to help keep you alive until that time comes! 1-800-484-3731 <a href="https://neverusealone.com">https://neverusealone.com</a>

**Good Samaritan Law:** It is EXTREMELY important to know and understand the Good Samaritan Law in your state. Often, when someone is left while overdosing, it is because the person with them did not know about the GSL, or did not understand who it covers, and how. Please, click the button below to learn about the GSL in your state. There's also info on the laws surrounding syringe possession, and Narcan distribution in each state. <a href="https://nextdistro.org/policies">https://nextdistro.org/policies</a>

**Good Neighbor Syringe exchange Project** thru First district Health Unit - Strictly Confidential Provides harm reduction service to people 18 years old and older who inject psychoactive drugs 801 11<sup>th</sup> Ave SW Minot ND (701)837-5154 Walk In only Wednesdays 1:00pm –4:00pm <a href="https://www.fdhu.org/cgi-bin/programs.pl?display&pid=303&program\_ty=ALCO">https://www.fdhu.org/cgi-bin/programs.pl?display&pid=303&program\_ty=ALCO</a>

**Take Back Program** North Dakota now offers two free programs for residents to dispose of unwanted medications – the Take Back program at participating law enforcement agencies, and the MedSafe (formerly Yellow Jug) program at participating pharmacies. These programs give residents easy and convenient ways to dispose of unused and unwanted over-the-counter and prescription medicines, thereby helping to protect our state's environment and keeping these drugs off the streets. The Take Back program (in law enforcement agencies) accepts both prescription and over the counter medications. The MedSafe program (in local pharmacies) does not accept over the counter medications. <a href="https://prevention.nd.gov/takeback">https://prevention.nd.gov/takeback</a>

Ward	ТВ	Minot Police Department	515 2nd Avenue SW, Minot
	MS	Center for Family Medicine	1201 11th Avenue SW, Minot
		Pharmacy	
	MS	Thrifty White	1015 South Broadway, Minot
	MS	Thrifty White	2211 16th Street NW, Minot
	MS	Keycare Pharmacy	400 Burdick Expressway East, Minot
	MS	Kenmare Drug	109 1st Avenue Northwest, Kenmare

## **Support Groups & Meetings:**

"And what does the LORD require of you? To act justly and to love mercy and to walk humbly with your God." Micah 6:8b

Family Strong online group for those who have a loved one with an addiction <a href="https://forms.gle//FfAMzzWSRk6\*Tbe16">https://forms.gle//FfAMzzWSRk6\*Tbe16</a>

**Celebrate Recovery** Christian based 12-step program meets every Friday night at 7 o'clock large group, 8 o'clock small group, 9 o'clock fellowship: childcare provided 6:45-9:30 200 3rd street Southwest Minot North Dakota 58701 (701) 852-4533 <a href="https://www.fbcminot.org">www.fbcminot.org</a>

Light House Church /Celebrate Recovery meetings and support groups http://lighthousechurchfargo.org/get-involved/recovery-groups/

Christ Lutheran Church / Family of Substance use Support – Training for Friends and Family members about loved ones that have a SUD. Uses the CARF Model -Thursdays @ 6:30pm 502 17<sup>th</sup> St NW Minot ND 58701 (701) 838-0746 <a href="http://christlutheranminot.org/">http://christlutheranminot.org/</a>

Domestic violence crisis center (701) 852-2258

<u>children's support groups</u>, ages 4-17 who have experienced domestic violence in the home <u>Women's domestic violence</u>, Tuesday mornings 10am to 12pm and Tuesday evenings 6pm to 8pm 3900 11<sup>th</sup> Avenue SE Minot ND 58701

<u>sexual assault support</u>, Mondays 2-4pm domestic violence Crisis Center, Inc. 3331 Burdick Expressway <u>www.Courage4change.org</u>

Embrace grace and encouragement to single women who are experiencing unplanned pregnancy <a href="https://embracegrace.com/get-support">https://embracegrace.com/get-support</a>
Sundays at 6pm Our Redeemers 700 16th Avenue Southeast 58701 Contact Amber Vibeto (701) 340-6378

**24/7** *recovery* talk with a trained peer support specialist chat with lived experience in addiction 18-844-44Talk2 <a href="https://recoveryreinvented.com/resource/recovery-talk-hotline/">https://recoveryreinvented.com/resource/recovery-talk-hotline/</a>

**Emotional Support Help** dial 211 and receive no cost confidential and judgment free support for coping with problems

**Healing rooms** 1st and 3rd Mondays 6:30 p.m. Northland Harvest Church 140 Souris Drive (701) -415-5990 https://www.northlandharvest.com/

*Marriage mentoring* Bethel free Lutheran Church 530 22nd Avenue Northwest 852-6492. https://www.bflcminot.com/

*Grief Share* Mennonite Brethren Church, Bible fellowship Church 1720 4th Avenue Northwest (701) 838-0916 <a href="https://minotbiblefellowship.org/">https://minotbiblefellowship.org/</a>

**DivorceCare** Next session starting in Spring (13 weeks on Monday evenings) 7pm-8:30pm West Minot Church of God 1105 16th Street Northwest (701) 839-1407 Facilitator: Candy Dusek For more information call (701) 839-1407 https://www.westminot.com/Childcare

**Spanish Worships Service** Southside Church of the Nazarene to 220 24th Avenue Southeast Sundays at 2 p.m. http://www.southsidenazareneminot.com/

**F5 Project** - We do not stop helping people. We do not stop offering grace. We help the formerly incarcerated. We help those suffering from addiction. We help veterans + anyone needing housing, recovery resources, peer support or a plan to change their life. <a href="https://bit.ly/F5commconn">https://bit.ly/F5commconn</a> to apply. Fargo 1122 1st Ave N Fargo, ND 58102 (701) 210-2491 and Bismarck 120 N. 3rd St., Suite 210 Bismarck, ND 58501 (701) 412-6866

The Dakota Center for Independent Living Believes in empowering people with disabilities by minimizing barriers, advocating for inclusion, and promoting consumer choice. 3111 East Broadway Ave Bismarck, ND. 58501 (701) 222-3636, 1-800-489-5013 (TTY) https://dakotacil.org/youth/

**CRU** Facilitating spiritual awareness on campus by introducing students to a personal relationship with Jesus Christ, providing students opportunities to grow in that relationship, and training them to help reach others is what we major in. Make some lifelong friends. Thursdays 7:00 pm Third Floor Swain Hall <a href="https://www.cru.org/communities/campus/minotstateu/">https://www.cru.org/communities/campus/minotstateu/</a>

The Rock - Home of Minot Youth for Christ Minot Youth for Christ is a local chapter of YFC/USA that was founded in 1982. Since then, we have been a safe place for young people to come have fun and hear the gospel. Simply put, our model of ministry follows the Great Commission from Matthew 28. We go into the world, preach the gospel that Jesus Christ is Lord, and make disciples of all who believe. We believe in the power of our testimony according to Revelation 12:11. As such, our evangelistic model follows a concept called "3 Story" in which we share with people God's story (what God has done for the world by sending His Son), our story (what God has done in our lives), and listen to their story (the physical, emotional, and spiritual needs of the person we are talking to). Youth center is located at 318 5th Ave NW in Minot. Feel free to call us during business hours at (701)839-4660 https://minot.yfc.net/

**Campus Life-** For any high school student in any school (even home school)!! EVERY Monday at 6:30pm at "The Rock." Our meetings consist of music, music videos, games, crowd breakers, discussions and hang out times.

**JV Club**- This is YFC for JUNIOR HIGH students. Come to "The Rock" at 6:30pm every Tuesday night. Our meetings have tons of games, fun, music, fun, some discussions, and, of course, fun!

**Minot Camera Club** We are a local club and encourage local photographers to come and join. This is a wonderful opportunity to meet other photographers of various skill levels from the area, and to learn and teach photography. We meet on the 1st and 3rd Monday of Sept. - May 7:00 pm at the Minot Public Library - Lower level 1st meeting room Membership for a single \$15/ family \$20 <a href="https://www.minotcameraclub.com">www.minotcameraclub.com</a>

#### Work & Education:

#### If the Son makes you FREE, you shall be FREE indeed" John 8:36

**First Link 2-1-1** FirstLink is a free, confidential service available to anyone 24/7/365 for listening and support, referrals to resources/help and crisis intervention. FirstLink answers the 211-help line, the National Suicide Prevention Lifeline and communicates via Text line 898-211. FirstLink provides these services across the entire state of North Dakota and parts of Minnesota. Dial 2-1-1 or text your zip code to 898-211 from anywhere in our service area for confidential help and support. <a href="https://myfirstlink.org/">https://myfirstlink.org/</a>

**NDSU** The mission of NDSU Agricultural Affairs is to educate students with interests in agriculture, food systems and natural resources; to foster North Dakota communities as vital economic and social units through the formation of partnerships that educate the public in agriculture, life, and environmental disciplines; provide creative, cost-effective solutions to current problems; and pursue all relevant fundamental and applied research. 1230 Albrecht Blvd, Fargo ND 58102Mailing Address: NDSU Dept 7520, PO Box 6050 Fargo ND 58108-6050 <a href="https://www.ag.ndsu.edu/extension">www.ag.ndsu.edu/extension</a>

**WIOA** The Workforce Innovation and Opportunity Act On-the-Job Training (OJT) is training conducted in a work environment designed to enable individuals to learn a bona fide skill and/or qualify for a particular occupation through demonstration and practice. https://www.jobsnd.com/job-seeker/training-opportunities

**Vocational Rehabilitation** DVR assists individuals with disabilities to achieve competitive employment and increased independence through rehabilitation services. We provide training and employment services to eligible individuals with physical or mental impairments so they can become and remain employed. Services that result in competitive employment are either provided or purchased. <a href="https://www.nd.gov/dhs/dvr/individual/index.html">https://www.nd.gov/dhs/dvr/individual/index.html</a> Telephone: 701-328-8950 Toll Free: 1-800-755-2745 Fax: 701-328-1884

**Job Corps** Job Corps' mission is to educate and train highly motivated 16–24-year-olds for successful careers in the nation's fastest-growing industries. <a href="https://quentinnburdick.jobcorps.gov/">https://quentinnburdick.jobcorps.gov/</a>

Minot Adult Learning Center Mission is to provide lifelong learning opportunities for adults. Adult learning center has Certified Nurse's Assistant training for their students that is free of charge. Including other Education and work-related opportunities. 1609 4th Ave NW, Minot, ND 58703 Telephone: 701-857-4488 <a href="http://www.minotadultlearningcenter.com/">http://www.minotadultlearningcenter.com/</a>

**ND Attorney General** the Attorney General represents the state in all legal matters where the state is named as a party, or the state may have an interest in the outcome of the litigation. The Office of Attorney General also provides legal services and opinions to state officials, agencies,

boards, and commissions. 600 E. Boulevard Ave Dept. 125 Bismarck ND 58505 (701) 328-2210 https://attorneygeneral.nd.gov/

#### Vision, Hearing & Dental:

"May God himself, the God who makes everything holy and whole, make you holy and whole, put you together—spirit, soul, and body—and keep you fit for the coming of our Master, Jesus Christ. The One who called you is completely dependable. If he said it, he'll do it!" (1 Thessalonians 5:23-24 MSG)

**Sertoma Club** To improve the quality of life today for those at risk or impacted by hearing loss through education and support. PO Box 1183 Minot, ND 58702-1183 w <a href="https://www.minotsertoma.org">www.minotsertoma.org</a> 701-833-9078

**Bridging the Gap** Bridging the Dental Gap is a non–profit 501(c)3 community dental clinic with a mission to improve access to dental care for Medicaid, uninsured, under–insured, and low-income members of the community. 1223 South 12th Street #1 Bismarck, ND 58501 (701) 221-0518 <a href="https://www.dentalgap.org/">https://www.dentalgap.org/</a>

**Northland Health Center** Our mission at Northland Health Centers is to deliver patient centered, accessible, quality-driven, medical, dental, and behavioral healthcare to all generations to strengthen the health status in the communities we serve, regardless of the ability to pay. <a href="http://www.northlandchc.org/">http://www.northlandchc.org/</a> Monday - Thursday: 8:00am - 5:00pm 15 2nd Ave SW, Suite 110 Minot, ND 58701 Phone: 701-838-3051

**Dental Lifeline** DDS volunteers provide comprehensive treatment to eligible patients. Volunteers do not provide emergency services. Applicants must lack adequate income to pay for dental care and: Have a permanent disability, or Are elderly: age 65 or older, or qualify as medically fragile\_Dental Lifeline Network 1800 15th Street, Suite 100 Denver, CO 80202 Phone: 303.534.5360 Fax: 303.534.5290 Dental Lifeline Network is a 501(c)(3) nonprofit <a href="https://dentallifeline.org/north-dakota/">https://dentallifeline.org/north-dakota/</a>

#### **Utilities & Phone Assistance:**

**Liheap** Applications are accepted between Oct. 1 through May 31. The Low-Income Home Energy Assistance Program (LIHEAP) helps eligible low-income families with home heating costs. The program partially pays the cost of natural gas, electricity, propane, fuel oil, coal, wood, or other fuel sources. The program also covers: Weatherization services (insulation, weather stripping around doors and windows, etc.), Furnace cleaning, repair, and replacement, Chimney cleaning and inspection, Emergency assistance - 225 3rd St SE, Minot, ND 58701 PH: (701) 852-3552 or your local Social Services Dept. Both homeowner and renter households are eligible for the program. Individual tribal LIHEAP programs serve tribal members living on reservations in the state. https://www.nd.gov/dhs/services/financialhelp/energyassist.html

EnTouch Phone Lifeline Lifeline is a government benefit providing free cell phone service for eligible customers. If you receive assistance from Medicaid/Medi-Cal, SNAP/CalFresh, or other government programs, or are considered low income, you may qualify for FREE phone service. enTouch Wireless offers a FREE Phone\* with qualifying Lifeline enrollment! https://entouchwireless.com/lifeline/

**General Funds Assistance** Mailing Address PO Box 2209 Minot, ND 58702-2209 Phone: (701) 852-3552 Fax (Administration and Economic Assistance): 701-857-0756 Hours: M - F, 8:00 to 4:30

Emergency Broadband Assistance the EBB Program is no longer accepting applications. Beginning December 31, 2021, consumers can apply for the Affordable Connectivity Program. The Affordable Connectivity Program (ACP) helps low-income households pay for broadband service and internet connected devices. and offers a tribal benefit as well. ACPBenefit.org

https://www.needhelppayingbills.com/html/get free stuff.html

https://www.mhanation.com/peoples-fund

### **Volunteer Opportunities:**

**Power of the Purse Giving Circle** one of the most positive and intelligent women to network and strengthen our community by financially investing together and giving of their time and resources. The group has since grown and invested over \$300,000 back into the community. Power of the Purse continues to focus its' efforts on programs that benefit women and children in the community. Minot Area Community Foundation 606 Burdick Expressway West - Suite A Minot ND 58701-4218 (701)852-0646

http://www.centerforcommunitygiving.com/partner/PowerofthePurse/

**The Donation Station** is available for organizations to utilize throughout the year and can be used for a variety of different causes and drives, not just food! You can call (701) 852-0646 to book the Donation Station.

#### Lutheran Campus Ministry's- MSU

#### Convoy of Hope <a href="https://convoyofhope.org/">https://convoyofhope.org/</a>

**Disclaimer:** This is in no way an exhaustion of resources. These are only the resources the writer is aware of. If you would like your organization, church, or ministry to be included. Please contact us by calling 701-240-7793. In addition, if you see a need in our community not being addressed, please feel free to point out what is missing, so that it can be addressed.